Overstone Park
HEALTH & FITNESS

Swimming Pool Timetable 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM						Infant	
10:00 AM						Aquatics 9:00 - 12:00	
11:00 AM					aqua ZUMBA 11:00 - 11:45		Fun & Floats
12:00 PM	Aqua						
1:00 PM	12:30 - 13:15		aqua ZUMBA 13:15 - 14:00	Aqua		Fun &	
2:00 PM				1:30 - 2:15		Floats	
3:00 PM			Private				
4:00 PM			Swimming Lessons				
5:00 PM			3:30 - 6:00			Aqua 5:00 - 5:45	
6:00 PM							
7:00 PM		Aqua 7:15 - 8:00					
8:00 PM							
9:00 PM							
10:00PM							

KEY
ADULT ONLY
ADULTS & CHILDREN
FUN & FLOATS
PRIVATE SWIM LESSONS
INFANT AQUATICS LESSONS
AQUA CLASSES